



A monthly newsletter that covers the events of our programs in:

Bakersfield - Chico - Chowchilla/VSP - Corcoran/CSP - Crescent City/PBSP  
Fresno - Hanford - Jamestown/SCC - Madera - Merced - North Highlands  
San Diego - San Luis Obispo/CMC - Stockton - Tehachapi/CCI - Wasco/WSP

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#WestCareCA

## A Welcome by our Deputy COO, Shawn Jenkins



Shawn Jenkins

"WestCare Family,

I wanted to stop and use this opportunity to extend my heartfelt gratitude to everyone here at WestCare! I hope that you have all enjoyed the holidays with time to rest and enjoy with your family and friends.

As we celebrate a New Year, it's only fitting that we take a look in the rear-view mirror on a few of the noteworthy accomplishments that we as a team achieved this past year such as the implementation of the Organized Delivery System (ODS) Medi-Cal waiver, which improved our staffing and service delivery model for our treatment and rehabilitation programs. These changes didn't come without challenges, but in true WestCare fashion, we as a team met these challenges head-on adapting and overcoming each and every one. Our Housing Services more than doubled in size starting up the Home Sweet Home Rapid Rehousing, Diversion, Coordinated Entry and Opening Doors to Housing and Wellness Programs, to name a few. Our STOP Area 3 and BEAT programs moved to new locations while our Support & Overnight Stay (SOS) program expanded their field of care by opening the SOS Specialty MH Clinic.

It was also another memorable year for events! Our HR team recently led us in celebrating the second annual WestCare-wide 'Thankful Thursday' appreciation event! We also presented our Spring and Fall graduations at Fresno City College's Old Administration Building Auditorium! Other memorable events included the Fresno Madera Homeless Point-In-Time Count in January and the 6th Annual Art for AIDS show and sale and 8th Annual Fresno AIDS Walk in October! I'd also be remiss not to mention all of the HIV and HCV testing that our BEAT and The Living Room programs have conducted throughout Fresno this year!

While there were amazing programmatic achievements made and new contracts awarded, we are saddened at the fact that we didn't retain 7 in-custody treatment programs in a re-bid this year. The staff in those programs like all other WestCare programs, showed up and gave their best every day and made us all proud - for that, we are extremely grateful. We wish the staff that could not remain with WestCare the best in the next chapter of their lives and can only say Godspeed and

until we meet again - keep up the great work.

As we've seen this past year, our organization continues to grow and change with each passing day. Remember that we are here for a reason. We all have a place here and when we work together, amazing things can happen! We've made some big moves this past year and with 2020 upon us, let's make it one to remember for all of us!

**To the consumers we proudly serve:** We exist to serve you, which doesn't make us worth any more or you any less. It simply means that we promised to help you through whichever of life's struggles have brought you to our door. You internally promised to be open to change, honestly look at yourself and be willing to make the necessary personal adjustments to ensure this path will lead you to the goal you have set for yourself and your family. Continue to work hard, believe in yourself and strive to be a better person today than you were yesterday.

**To our WestCare staff and family:** We are grateful for another year of changing lives one person at a time. We can only do what we do collectively because of you and the dedication and compassion that you continue to exhibit to the consumers that we serve. We have to take the time to celebrate our accomplishments of 2019 as we have deserved them, but it would be a mistake to solely rely on past accomplishments to carry us into the future. We must continue to change, adapt and execute and I know that you are just the team members to do that in 2020. With that said, let's make 2020 another amazing year of Uplifting the Human Spirit!"

Sincerely,





## California News

### 12/5: Kings County Prevention Awards



In December, we were honored to be in attendance at the 2019 Kings County Prevention Awards! Our WestCare Adolescent Services program was presented with the Excellence in Prevention Programming award and we were a co-recipient of the



Greatest Contribution to Youth Development award along with the California Health Collaborative! Our San Joaquin Valley Veterans (SJVV) Hanford team and one of our wonderful Veteran Advocates, Angela Castellanos, were recognized as nominees as well! We'd like to send a heartfelt thank you to the Kings County Partnership for Prevention for recognizing the stellar work of our programs and look forward to continued service to the Veterans and youth that we proudly serve!

### 12/7: 21st Annual Toy Run & Bike Giveaway

We were proud to be a part of the 21st Annual Toy Run and bike Giveaway in December at Chukchansi Park in Fresno! Over 1,000 bicycles were collected, purchased and assembled by HAMC of Fresno and donated to children from many local non-profits including WestCare California! We would like to thank all of the event's organizers, volunteers, donors and sponsors for helping make this wonderful event a reality!



## WestCare California Celebrates the Holidays!

Our programs across the state celebrated the holidays with their own luncheons and functions including Hanford Adolescent Services, STOP Area I, Home Sweet Home Rapid Rehousing, The Living Room and MLK Residential! Thank you for sharing how you celebrated the holiday season!



## Treatment & Rehabilitation News

### MLK's Learning Center Gets in the Holiday Spirit!

We'd like to share a few pictures of our MLK Learning Center's decorations for the holiday season!



## Criminal Justice News

### 12/6: STOP Area I Sponsors a Family in Need

Our STOP Program Area I team in North Highlands spread some holiday cheer by donating a care package of gifts, toys and clothing to Catalyst Domestic Violence Services for a family in need! Thank you for Uplifting the Human Spirit of your local community!





## Housing News

### 12/11: Homeless Services Forum

Our Deputy COO and Chair of the Fresno Madera Continuum of Care (FMCoC), Shawn Jenkins, joined representatives from the City of Fresno, The County of Fresno and the Fresno Housing Authority as part of December's Homeless Services Forum. With continued partnership, collaboration and support from our community, our service agencies and our elected officials, we can continue to make progress and get our sisters and brothers off the streets!



## Health & Wellness Corner

### “Winter Wellness” by Mark Leanhart, Program Director, Admissions/Adult Outpatient

“When thinking about winter wellness, many likely think about common winter ailments that afflict us and our loved ones surrounding the holidays such as the common cold and influenza. Many make sure to get our yearly flu shot almost as ritual. However, winter wellness can mean so much more than that if we wish to take a proactive and preventative stance to our seasonal overall well-being. This winter, while I am wishing us all a beautiful and blessed holiday, I want to remember other ways in which we may want to consider and prepare for the season.

Let us also focus on our physical well-being by not giving into the winter doldrums. Get out and embrace the changing weather with a brisk walk with family, friends and pets. Try hard to avoid the common pitfall of over indulgence whether it be with holiday sweet treats, over-spending in our desire to give amazing gifts or even through over imbibing in celebratory cocktails. A moderate approach in all of these holiday delights can ensure that we usher in the New Year in a state of overall well-being this winter. Perhaps, we can also take a deliberative measure of those things we may really benefit from in our New Year's Resolutions. This year, I am starting My New Year Resolution early by renewing my pursuit of weight loss and physical fitness as a gift to

myself and loved ones. I am reaching for a quality and prolonged state of well-being. Others may be considering or embracing other long-term goals such as smoking cessation, credit restoration, retirement planning or giving back through volunteer opportunities. Whether you are continuing your education, making crafts, spending time with a favorite family friend or elder this winter holiday season, let's remember to embrace a greater sense of overall well-being and winter wellness this season!

Happy Holidays to our amazing WestCare family and I wish you all winter wellness!” - **Mark Leanhart, Program Director, Admissions/Adult Outpatient**



## Kudos!

### 2019 Years of Service Recipients!

We'd like to take this moment to recognize the following individuals, whom as of 12/31, have reached milestones of continuous service with our organization! Thank you all for your loyalty to our organization and your unwavering commitment to Uplifting the Human Spirit!

### 29 Years of Service:

- Shawn Jenkins, Deputy Chief Operating Officer, WestCare Foundation - Western Region

(Continued on Page 4)

### 15 Years of Service:

- James Glass, Kitchen Supervisor, Bakersfield Residential
- Lenora Phillips, Data Entry Manager, STOP Area 3

### 10 Years of Service:

- Michelle Allen, Quality Assurance Assistant, Administration
  - Royce Dunn, Job Developer, Day Reporting Center
  - Angie Edwards, Lead Veteran Advocate, SJVV
- Yadira Renteria, Program Coordinator, SJVV (Fresno)
  - Ricardo Rivera, Case Manager, The Living Room
- Cleadus Shelton, Director of Contract Compliance - Admin.
  - Mamie Welch, Counselor, Bakersfield Residential

### 5 Years of Service:

- Kimberly Andersen, Program Director, CSP Corcoran
  - Denis Brewer, Case Manager, Veterans Plaza
  - Jennifer Childers, Counselor, MLK Residential
    - Angela Corona, Educator, SJVV (Hanford)
    - Robert Fiester, Counselor, Fresno Outpatient
    - Jose Ganem-Castro, Cook, CCTRP San Diego
- Tonya Grier, Administrative Assistant, Bakersfield Residential
  - Kathy Hayden, Clinical Director, Administration
    - Tracy Herrera, Counselor, MLK Residential
- Steven Kruitbosch, Case Manager, Bakersfield Outpatient
- Megan Mahoney, Quality Assurance Assistant, STOP Area 3
- Sophia Marquez, Counselor Tech, MLK Residential
- Victor Martinez, Admissions Specialist, Belmont Admissions
  - Crystal Matthews, Billing Specialist, STOP Area 3
- Rochelle Trujillo, Director of Operations, Administration



### Instakill Pest Solutions



We'd like to give a very special thank you to InstaKill Pest Solutions for their generous donation of 15 brand new sleeping bags for the Veterans served by our SJVV team in Fresno! Thank you so much for your generosity and support!

### Stephanie Chadwick, Counselor Tech, MLK Residential

We'd like to recognize Stephanie, Counselor Tech with our Men's Residential program in Fresno! She was recently presented with staff recognition tokens by Men's Counselor, Vincent Monk, for always stepping up to help a colleague or individual served in need! Thank you for your commitment to Uplifting The Human Spirit, Stephanie!



### San Joaquin Valley Veterans (Fresno)



We'd like to thank our SJVV office in Fresno for serving as a drop off location for the 2019 VA Central California Health Care System and

and Central Valley Veterans Food and Toy Drive in support of local Veteran families !

### Send Your Content to the Loop!



Michael Mygind,  
Marketing Specialist  
and Gabriela  
Espinosa-McNiel,  
Director of Marketing

The Loop newsletter wouldn't be possible without the regular submissions that we receive from staff! Whether it's a success story or an event, we'd love to see it! Please send any high-quality pictures (Non-identifying if of clients) and a brief summary to:

[gabriela.mcniel@westcare.com](mailto:gabriela.mcniel@westcare.com)  
[michael.mygind@westcare.com](mailto:michael.mygind@westcare.com)



# VOLUNTEERS NEEDED!



## 2020 FRESNO MADERA HOMELESS POINT-IN-TIME COUNT

### HERE'S HOW YOU CAN HELP!

#### STEP 1: REGISTER

##### FRESNO:

<http://bit.ly/fresnopit2020>

##### MADERA:

<http://bit.ly/maderapit2020>

#### STEP 2: ATTEND A MANDATORY TRAINING

##### MADERA:

TUESDAY,  
JANUARY 21ST  
2:00 PM - 4:00 PM

##### CAPMC

1225 GILL AVE  
CONF. RM 1 & 1A  
MADERA, CA 93637

##### FRESNO:

THURSDAY,  
JANUARY 23RD  
2 PM - 4 PM OR  
6 PM - 8 PM

##### NIELSEN CENTER

3110 W NIELSEN AVE  
FRESNO, CA 93706

##### FRESNO:

SATURDAY,  
JANUARY 25TH  
10 AM - 12 PM

##### NIELSEN CENTER

3110 W NIELSEN AVE  
FRESNO, CA 93706

#### STEP 3: VOLUNTEER

##### HEADQUARTERS

##### TALLY COUNT

##### SURVEY DAY 1

##### SURVEY DAY 2

##### FRESNO:

VFW POST 8900  
3585 N. BLYTHE AVE

##### TUESDAY,

JANUARY 28TH  
5 PM - 12 AM

##### WEDNESDAY,

JANUARY 29TH  
5 PM - 12 AM

##### THURSDAY,

JANUARY 30TH  
7 AM - 4 PM

##### MADERA:

CAPMC  
1225 GILL AVE

##### TUESDAY,

JANUARY 28TH  
5:30 PM - 12 AM

##### WEDNESDAY,

JANUARY 29TH  
8 AM - 5 PM

##### THURSDAY,

JANUARY 30TH  
8 AM - 5 PM

VOLUNTEER CONTACT: GABRIELA MCNIEL  
(559) 970-8477 OR [INFO.CA@WESTCARE.COM](mailto:INFO.CA@WESTCARE.COM)

# Program Directory

## Administration

### Fresno Office

1900 N. Gateway Blvd, Suite 100  
Fresno, CA 93727  
(559) 251-4800

**Services:** Management, Administrative Support, Human Resources, Accounting/Billing, Contract Compliance, IT Support, Marketing/Media, Procurement, Creative Services



## Treatment and Rehabilitation

### Liberty Plaza (Sober Living)

4605 E. Liberty Fresno, CA 93702  
(559) 237-3420 Ext. 20367

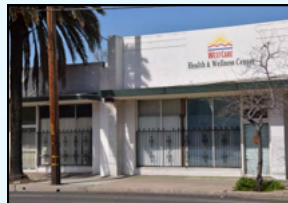
**Services:** Sober Living for Women



### Belmont Health & Wellness

611 E. Belmont Fresno, CA 93701  
(559) 237-3420

**Services:** Admissions, Adult Outpatient Program, Behavior Education And Treatment (BEAT)



### MLK Residential

2772 S. MLK Blvd  
Fresno, CA 93706  
(559) 265-4800

**Services:** Residential Drug Medi-Cal for Men and Women, Residential Treatment Program for Women and Children (M'ella), Residential Treatment Program for Men and Children: Papa Natal



## Mental Health and Wellness



### Crisis Psychiatric Response

#### Services (CPRS)

209 E. 7th St.  
Madera, CA 93638  
(559) 673-3508

**Services:** Service coordination to adults receiving services from designated hospital emergency departments within Madera County who are deemed appropriate for an assessment for involuntary psychiatric treatment pursuant to California Welfare and Institutions Code 5150.



### Support & Overnight Stay (SOS)

2772 S. MLK Blvd  
Fresno, CA 93706  
(559) 512-6802

**Services:** Provides a safe, supportive environment to spend the night for individuals who arrive at an ER with a mental health condition needing services that don't require a legal hold, Case Management and transportation to ensure client engagement with outpatient mental health services, Linkages to wrap-around services.

## Education and Prevention

### The Living Room

901 E. Belmont  
Fresno, CA 93701  
(559) 486-1469

**Services:** Case Management, Hot Meals Program, Housing Opportunities for Persons With AIDS (HOPWA), Free HIV and HCV Testing, Linkage to Medical Care, Social and Group Support Meetings



### McKinney Plaza (Sober Living)

1388 & 1398 E. Bulldog Ln  
Fresno, CA 93710  
(559) 237-3420 Ext. 20367

**Services:** Sober Living for Men



### Day Reporting Center

609 E. Belmont Fresno, CA 93701  
(559) 237-3420

**Services:** Drop-in services for Parolees including vocational assistance and linkage to treatment.



### WestCare Adolescent Services

410 E. 7th St, Suite 7  
Hanford, CA 93230  
(559) 584-8100

**Services:** Adolescent Outpatient Drug-Free Program



### Bakersfield Residential

2901 S. H Street  
Bakersfield, CA 93304  
(661) 398-4303

**Services:** Men's Long-term Residential, Adult Outpatient Program



### SOS Specialty MH Clinic

3636 N. First St., Suite 123  
Fresno, CA 93726  
(559) 512-6802

**Services:** Provides a supportive drop-in environment for individuals referred by Emergency Room Departments with access to support groups, clinicians and case management services.



## Veterans Services

### San Joaquin Valley Veterans (SJVV)

**Services:** Drop-In and Ancillary Services, Supportive Services For Veteran Families (Services provided to Veterans through SSVF include: Short-term case management, legal assistance, housing counseling services and placement assistance, financial planning services, financial assistance for move in, eviction prevention, utilities, transportation, childcare and emergency supplies.)



#### **Hanford**

410 E. 7th St  
Suites 5 and 9  
Hanford, CA 93230  
(559) 584-8100



#### **Fresno**

1505 N. Chestnut  
Fresno, CA 93703  
(559) 255-8838



#### **Merced**

399 George Drive  
Building F  
Merced, CA 95341  
(209) 722-3501 Ext. 145



#### **Stockton**

2291 W. March Lane  
Suite C-100  
Stockton, CA 95207  
(209) 662-6073

### Veterans Plaza

119 N. Calaveras  
Fresno, CA 93701  
(559) 241-8751

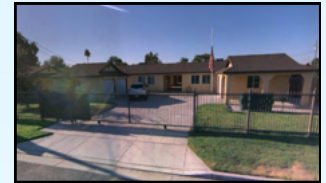
**Services:** Transitional housing for male Veterans for up to two years, case management, Veterans Safeway to Work Program (VSWP)



### HomeFront

3636 E. Eugenia Ave.  
Fresno, CA 93725  
(559) 266-1169

**Services:** Transitional housing for female Veterans with/without children for up to two years, case management



## Criminal Justice

### Specialized Treatment for Optimized Programming (STOP)

**Services:** Case management, treatment placement in residential, outpatient and sober living, domestic violence education, vocational training, pre-employment, job placement services and transportation from prison to treatment.

#### **Area 1**



#### **Chico**

2585 Ceanothus Ave.  
Suite 170  
Chico, CA 95973  
(530) 830-1180



#### **North Highlands**

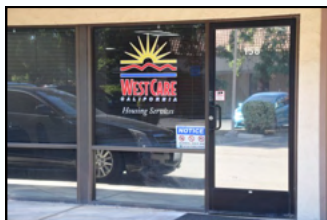
4612 Roseville Rd.  
Suite 112  
N. Highlands, CA 95660  
(916) 564-4400

## Housing Opportunities

### Housing Services

1900 N. Gateway Blvd, Suite 158  
Fresno, CA 93727  
(559) 241-8753 Ext. 21230

**Services:** Assistance with supportive housing to families who are currently or chronically homeless, Project LiftOff, HDAP (Housing and Disability Advocacy Program), Home Sweet Home, Opening Doors to Housing and Wellness, Emergency Solutions Grant (ESG) and SSI/SSDI Outreach, Access and Recovery (SOAR).



#### **Bakersfield**

2901 S. H St.  
Bakersfield, CA 93304  
(661) 326-0485



#### **Fresno**

5014 E. University Blvd.  
Fresno, CA 93727  
(559) 214-0264



#### **Stockton**

2291 W. March Lane  
Suite C-100  
Stockton, CA 95207  
(209) 662-6073

## **Criminal Justice** *(Continued from Page 7)*

### **Custody to Community Transitional Reentry Program (CCTRP)**

**Services:** Provides treatment services to female inmates (112 in San Diego, 50 in Stockton) who have a minimum of 45 day and a maximum of 2 years left on their sentence. We provide an array of gender responsive trauma informed services including substance abuse, mental health, domestic violence, education, vocational and employment readiness.



#### **San Diego**

3050 Armstrong St.  
San Diego, CA 92111  
(619) 359-8266



#### **Stockton**

1609 N. Wilson Way  
Stockton, CA 95205  
(209) 642-8488

### **Single-Level Cognitive Behavioral Treatment (CBT) Substance Use Disorder Treatment (SUDT) Program - Men's Services:**

Provides Cognitive Behavioral Treatment (CBT) to offenders utilizing a therapeutic community approach and evidence-based curricula and interventions. The program seeks to teach and support participants in generating alternative solutions and adopting pro-social, law-abiding lifestyles. Curriculum includes Substance Use Disorder Treatment, Criminal Thinking, Anger Management and Family Relationships.



#### **Wasco State Prison (WSP)**

701 Scofield Avenue,  
Wasco, CA 93280  
(661) 758-8400 Ext 6181

### **Single-Level Substance Use Disorder Treatment (SUDT) Program - Men's Services:**

Provides evidence-based SUDT programming to male inmates who are high-risk offenders.



#### **California State Prison - Corcoran (CSP - COR)**

4001 King Avenue  
Corcoran, CA 93212  
(559) 992-8800 Ext. 5106

### **Men's In-Prison Rehabilitative Cognitive Behavioral Treatment (CBT) Program:**

Provides Cognitive Behavioral Treatment (CBT) to offenders utilizing a therapeutic community approach and evidence-based curricula and interventions. The program seeks to teach and support participants in generating alternative solutions and adopting pro-social, law-abiding lifestyles. Curriculum includes Substance Use Disorder Treatment, Criminal Thinking, Anger Management and Family Relationships.



#### **Pelican Bay State Prison (PBSP)**

5905 Lake Earl Drive  
Crescent City, CA 95531  
(707) 465-1000 Ext. 7530

**Multi-Level Program - Men's Services:** Serves Long Term Male Offenders through their Long Term Offender Program (LTOP) who will not be released in the near future. Provides Cognitive Behavioral Therapy (CBT) and multi-level evidence-based Substance Use Disorder Treatment (SUDT) with curriculum on substance abuse, criminal thinking, anger management and family relationships programming for male inmates who are high-risk offenders as well as reentry services.



#### **CA Men's Colony (East and West)**

CA Highway 1 North  
San Luis Obispo, CA 93409  
(805) 547-7900 Ext. 7878

### **Multi-Level Substance Use Disorder Treatment (SUDT) Program - Men's Services:**

Provides multi-level evidence-based SUDT substance abuse, criminal thinking, anger management and family relationships programming for male inmates who are high-risk offenders.



#### **Valley State Prison (VSP)**

21633 Ave. 24  
Chowchilla, CA 93610  
(559) 665-6100



#### **Sierra Conservation Center (SCC)**

5100 O'Byrnes Ferry Rd.  
Jamestown, CA 95327  
(209) 984-5291 Ext 5637



#### **CA Correctional Institution (CCI)**

24900 Highway 202  
Tehachapi, CA 93561  
(661) 822-4402 Ext 4503